

Dedicated

To

*The Valiant Health Care Warriors, Medical Instructors,
Future Doctors & Researchers of Pakistan*

***Bismillah Hir Rehman Nir Raheem.
In the name of Allah, the most Beneficent and the most Merciful***

Message by the

***Chairman Shaikh Zayed Medical Complex
&
Chief Editor of Proceedings***



***Prof. Saadia S. Alam
(Chief Editor)***

We have achieved 3 years of HEC Y Category Indexation. Our OJS supported Proceedings website of international standards connects us to the world.

In the era of rapidly changing scenarios, global warming, life threatening heat waves, floods, wars, famine and disease encompassing the globe we steadfastly publish a diverse July to September 2023 Proceedings articles on medical, surgical, and allied health disciplines. All articles submitted for publication have been judged on stringent international standards of plagiarism and blind peer reviews.

Our Editions have achieved expanded viewership with researchers in wide ranging medical fields from different institutions publishing their research in Proceedings. Our nexus of undergraduate and postgraduate researchers, supervisors, academicians, and reviewers remains imperative to achieving rigorous standards of research, writing and evaluation in Proceedings.

Our desire is to build linkages with top journals and researchers both in the country and abroad.

In Sha Allah.

Our Motto “We Venture Forth”

PROCEEDINGS

SHAIKH ZAYED MEDICAL COMPLEX

Vol. 37 (3)

PCPB/24(94) P-121/3196

JULTO SEP 2023

EDITORIAL BOARD	CONTENTS	PAGE
Chief Editor: Prof. Saadia Shahzad Alam <i>PhD</i>	<i>Parvez Ahmed, Nasreen, Naz, Amjad Sattar, Nauman al Qamari, Imtiaz Ali, Faryal Farooq, Muhammad Asadullah, Rakesh Kumar</i>	
Editor: Prof. Ayesha Humayun <i>PhD</i>	Trans-Arterial Chemoembolization for the Treatment of Hepatocellular Carcinoma: A Single Tertiary Care Institute Experience	1
Associate Editors: Prof. M. Imran Anwar <i>FRCS</i> Dr. Adnan Salim <i>MRCP</i>	<i>Hira Aslam, Muhammad Khurram Jameel, Pir Muneeb, Aneeqa Nasir Qureshi, Fawad Hameed, Muhammad Ammar, Maham Qazi, Abrar ul Hassan Pirzada</i>	
External Associate Editor: Dr. Usman Iqbal <i>PhD</i>	Intraoperative Peritoneal Lavage in Peritonitis: Normal Saline vs Metronidazole	8
MEMBERS-NATIONAL: Prof. Mamoon Rashid <i>FRCS</i> (Sitara-e-Eisaar) Prof. M. Ashraf <i>PhD</i> (Tamgha-e-Imtiaz) Prof. Nadira Mamoon <i>MRCPath</i> Dr. Muhammad Shahid Soroya <i>PhD</i> Prof. M. Arif Nadeem <i>(FCPS)</i> Prof. Khalid Mahmood <i>(PhD)</i> Dr. Sarah Ghafoor <i>PhD</i>	<i>Qaiser Naveed Haral, AmmadUd Din Nasir, Ahmed Hassan Malik, Muhammad Qasim Butt, Rashid Zahid Ali, Arwah Mansoor, Hassan Mumtaz</i>	
MEMBERS-INTERNATIONAL Prof. Renne Koeffel <i>PhD</i> (SUI) Prof. Jane Banaszak-Holl <i>PhD</i> (AUS) Prof. Hisham Al Muhtaseb <i>PhD</i> (KSA) Dr. Salma Malik <i>M.D</i> (US) Dr. Sarwat Shaheen <i>M.D</i> (US) Dr. Aliya Asher <i>MRCP</i> (UK)	Postoperative Complications in Carcinoma Gall Bladder: A Tertiary Care Hospital Experience	15
SECTION EDITORS: Dr. Shahila Jalil <i>FCPS</i> Dr. Samira Haque <i>FCPS</i> Dr. Lubna Riaz <i>FCPS</i> Dr. Sadia Maqsood <i>MHPE</i> Dr. Faraz Bokhari <i>M Phil</i> Dr. Noora Hassan Hezam Al-Aqmer <i>M Phil</i> Mrs. Saima Mohsin <i>MSc</i>	<i>Shehzad Anwer, Shuja Uddin, Hasnain Khalid, Rizwan Ul Haq, Adeel Hamid, Mubashir Farhan, Zia Uddin, Mian Muhammad Haneef</i>	
Consultant Biostatistician: Mr. Muhammad Aasim <i>M Phil</i>	Case Report: Isolated Trochlear Fracture of The Humerus	20
Library & Information Sciences: Mr. Ihsan Basit <i>M Phil</i>	<i>Alvia Batool, Faizia Batool, Afifa Waseem, Saira Munawar, Maryam Fatima</i>	
Technical Support: M. Saad Ullah Sheikh <i>(BS. Engr)</i>	An Indigenous Study on the Palmaris Longus Muscle Anatomical Variations	24
	<i>Hadia Zulfiqar, Muhammad Suhail, Amna Rehman, Afifa Waseem, Faeza Rauf, Hafiza Sadia Ahmed</i>	
	Emblica officinalis Reduces Copper Mediated Inflammation and Preserves Liver Morphology in The Murine Model	28
	<i>Rashid Ali, Sardar Sabeel, Danial Zahoor, Bushra Arif, Adnan Khan, Saqib Malik</i>	
	Mental Health Impact on Patients of ESRD on Renal Replacement Therapy: A Cross Sectional Survey Using Beck and Deck Inventory	34
	<i>Shazo Sana, Hafiz Muhammad Umair, Nagmana Lateef, Tahir Ayub, Javeria Zafar, Hina Pervaiz</i>	
	Perception Of E-Learning In Medical Students Of Fatima Jinnah Medical University	39
	<i>Muhammad Atique</i>	
	Comparison Of Learning Styles Used by Clinical Faculty Of Hospital And General Practitioners For Their Professional Development	44
	<i>Saadia Shahzad</i>	
	Concept Paper: It's Time to Make Inclusivity and Positive Rehabilitation The Basic Right of Children With Down Syndrome: A Pakistani Perspective	50
	Instructions for Authors	57

ADVISORY BOARD**Basic & Pre-Clinical Sciences**

Prof. Nasreen Ehsan *M.Phil*
 Prof. Tahira Naseem *M.Phil*
 Dr. Suleman Dawood *PhD(UOL)*
 Dr. Nighat Yasmeen *PhD(KEMU)*
 Dr. Saima Chaudhary *PhD(UHS)*

Medicine and Allied

Prof. Talha Mahmud *FCPS*
 Prof. Safoora Amir *FCPS*
 Dr. Lubna Riaz *FCPS*
 Dr. Asfand Tariq *FCPS*
 Dr. Nabeel Ibad *FCPS*

Surgery and Allied

Prof. Ali Rafique Mirza *FCPS*
 Prof. Muhammad Ikram *FCPS*
 Prof. Imran Anwar *FRCS*
 Prof. Shafqat Mukhtar *FCPS*
 Dr. Syed Sajjad Raza Kazmi *FCPS*

Diagnostic Division

Prof. Mona Aziz *FCPS*
 Prof. Saulat Sarfraz *FCPS*
 Dr. Amir Khan *FRCR*

PEER REVIEW BOARD**(National)**

Prof. M. Nauman Ahmad *FFARCS*
 Prof. Naseem Saud *PhD*
 Prof. M. Ovais Omer *PhD*
 Prof. Shabbir Bhatti *PhD*
 Prof. Zahid Niaz *FRCS*
 Prof. Zamir Ahmad *PhD*
 Prof. Muhammad Arif Nadeem *FCPS*
 Prof. Muhammad Moin *FRCS*
 Prof. Khalid Mahmood *PhD*
 Prof. Sadia Chiragh *M.Phil*
 Prof. Muhammad Aslam *FCPS*
 Prof. Abdul Mannan *M.S*
 Prof. Naheed Humayun *FCPS*
 Prof. Farhat Naz *FCPS*
 Prof. Abdul Hameed *FRCS*
 Prof. Rafeea Tafweez *PhD*
 Prof. Inayat Thaver *PhD*

PEER REVIEW BOARD**(National)**

Prof. Ashraf Chaudhry *FCPS*
 Prof. Kashif Malik *FCPS*
 Prof. Aftab Turabi *PhD*
 Prof. Uzma Hussain *FCPS*
 Prof. Muhammad Pervaiz *FRCS*
 Prof. Fouzia Shaikat *FCPS*
 Prof. Maryam Rashid *PhD*
 Prof. Rabeia Bilal *PhD*
 Prof. Khwaja Khurshed *FCPS*
 Prof. Tanvir Akhtar Butt *MS*
 Prof. Naila Akhtar *FCPS*
 Prof. Abida Shaheen *PhD*
 Prof. Sajida Malik *M.Phil*
 Prof. Rumina Hasan *PhD*
 Prof. Khalid Javeed Khan *FRCS*
 Dr. Farooq Afzal *FRCS*
 Dr. Saman Shahid *PhD*
 Dr. Muhammad Shahzad *PhD*
 Dr. Ali Hussainy Zaidi *M.D*
 Dr. Shahzad Khuram Akram *PhD*
 Dr. Fahad Azam *PhD*
 Dr. Khadija Irfan *FCPS*
 Dr. Uzma Malik *FCPS*
 Dr. Ayesha Mallick *FRCP*
 Dr. Tehseen Haider Kazmi *FCPS*
 Dr. Khalida Ajmal *M.Phil*
 Dr. Israr Ahmed *FCPS*
 Dr. Saima Batool *FCPS*
 Dr. Saleem Muhammad Rana *PhD*
 Dr. Muhammad Khuram Habib *FCPS*
 Dr. Saba Riaz *PhD*
 Dr. Raazia Tasadduq *PhD*
 Dr. Nageen Hussain *PhD*
 Dr. Saadia Nosheen Jan *FCPS*
 Dr. Soumble Zulfiqar *PhD*
 Dr. Yasir Abbas Zaidi *FCPS*
 Dr. Muhammad Zeeshan Sarwar *MRCS*
 Dr. Muhammad Imran Khokar *MRCS*
 Dr. Nabihah Farasat *M.Phil*
 Dr. Tayyaba Muzaffar *M.Phil*
 Dr. Zaeem Khalid *FCPS*
 Dr. Nafeesah Fatimah *FCPS*
 Dr. Athar Mahmood *FCPS*
 Dr. Fariha Sahrish *FCPS*
 Dr. Tehreem Zulfiqar *M.Phil*
 Dr. Fatima Chaudhry *M.Phil*
 Dr. Saifullah Khan Niazi *FCPS*
 Dr. Bilal Saeed *FCPS*
 Dr. Chetan Lal *M.Phil*
 Dr. Amna Mudassar *FCPS*
 Dr. Riffat Saeed *FCPS*

PEER REVIEW BOARD**(International)**

Prof. Renne Koeffel *PhD(Switzerland)*
 Prof. Jane Banaszak-Holl *PhD(AUS)*
 Prof. M. Hisham Al-Muhtaseb *PhD*
 (Jordan)
 Prof. Mukhtiar Baig *PhD(KSA)*
 Dr. Sarwat Shaheen *M.D(USA)*
 Dr. Zeeshan I. Shaikh *M.D (USA)*
 Dr. Tanzeel Qurat Ijaz *MRCP (UK)*
 Dr. Hafiz Sohail Anjum *FCPS(Ireland)*
 Dr. Rafay Azhar *FRCP (Singapore)*
 Dr. Mazhar Nawaz *M.D (USA)*
 Dr. Ahmad Azam Malik *PhD (KSA)*
 Dr. Ishtiaq Ahmed *FCPS (KSA)*
 Dr. Aamir Omair *PhD (KSA)*
 Dr. Sabina Ahmed Mir *M.D (USA)*
 Dr. Anita Lamichhane *M.D (Nepal)*
 Dr. Faiza Durrani *PhD (UK)*
 Dr. Waseem Lodhi *FRCOG (UK)*
 Dr. Seerat Zahra Hammad *M.S(KSA)*
 Dr. Shafya Shahid *PhD (U.S)*
 Dr. Abdul Waheed *FRCS (U.K)*
 Dr. Humaira Zareen *FCPS (KSA)*
 Dr. Amira Okud *M.D (KSA)*
 Dr. Asma Ahmed *MRCP (UK)*
 Dr. Sabahat Sabir *MRCOG (UK)*
 Dr. Sarfaraz Ahmad *FRCR (UK)*
 Dr. Zouina Sarfaraz *M.D (UK)*
 Dr. Humaira Zaman *FCPS (UK)*